

*Becoming better than we used to be*  
*A collection of thoughts that will activate the better you*

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## **BECOMING BETTER THAN WE USED TO BE\***

By Hector Ray

\* BTW... A collection of thoughts that will activate the better you!

*Hector Ray / CareerAndYourLife.com*

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*To my family who has always been there for me in good and difficult times. You were the ones who unlocked my abilities. My love and gratitude for you is infinite.*

BETTERism #1:

***Our attitude determines the access we will be given***

Our attitude is like a pair of voluminous overalls. It stands out! People form expectations based upon those overalls. The right attitude gives us the ability to do better; it allows us to become who we want to be without delay. The right attitude enables us to gain access to places where people congregate whom can help us move forward.

Clearly, your attitude is what allows you to accelerate your exposure to opportunities that move you to the next phase of life. Attitude will determine which activities you will be part of and can give you access to things that matter.

If your attitude is broken or is toxic to others you are going to be limited on the opportunities or access you will be given. You can predict your future with the right attitude. Make sure that when you wake up in the morning your attitude starts with gratitude. Think of your day as offering you the time you need to make those around you better. You want to be in a state of how-I-want-to-serve today. This will help you get your thoughts and your attitude in check and you will see what happens next. You will never go back to the old way of thinking.



### BETTERism #3:

***What you want in your life already belongs and will come to you; all we have to do is develop the capacity to receive and accept it***

If you truly become aware that whatever you want in your life is already waiting for you, it's a guaranteed, it's just sitting there waiting and waiting for you to advance towards it. Why do some have it and some don't. This kind of thinking never made sense to me. Complacency and lack of commitment is what gets us further away from what has been waiting for us since you were born. All I am asking is for you to commit and believe these thoughts. Commitment to a better you causes your confidence to kick in and with commitment and confidence you develop the capacity to advance towards what is sitting there waiting for you. When you commit you will connect with the right people, you will find things along the way that will keep you focus and determined to keep moving, like knowledge, experience, resources, stability, and opportunities

If you accept the fact that this is true for you and anyone else around you, you are on your way. Whatever it is you want it's just sitting there saying "come to me" and I will just handed it over to you. It's like a warehouse of things just waiting for you to claim it.